

321 East Church Street • Martinsville, Virginia • 276-632-2896 • www.christchurchmvl.org We are a community of faith striving to love God fully and our neighbors as ourselves.

The Eleventh Sunday after Pentecost w/Acoustic Music August 4, 2024 10:30 A.M. Holy Eucharist, Rite II

Please silence your electronic devices.
Full text of prayers may be found in the red Book of Common Prayer (BCP).

Processional Music:

I'll Fly Away

Words and Music by Albert Brumley

Some glad morning when this life is o'er, I'll fly away; To a home on God's celestial shore, I'll fly away (I'll fly away).

I'll fly away, Oh Glory I'll fly away; (in the morning) When I die, Hallelujah, by and by, I'll fly away (I'll fly away).

When the shadows of this life have gone, I'll fly away; Like a bird from prison bars has flown, I'll fly away (I'll fly away) I'll fly away, Oh Glory
I'll fly away; (in the morning)
When I die, Hallelujah, by and by,

I'll fly away (I'll fly away).

Just a few more weary days and then,

I'll fly away;

To a land where joy shall never end,

I'll fly away (I'll fly away)

I'll fly away, Oh Glory

I'll fly away; (in the morning)
When I die, Hallelujah, by and by,

I'll fly away (I'll fly away).

CCLI Song # 26399

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Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria in excelsis

Glory to God

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ with the Holy Spirit, in the glory of God the Father. *Amen.*

Celebrant: The Lord be with you. *People:* And also with you.

Celebrant: Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Reader A reading from the Book of Exodus (16:2-4, 9-15)

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining." And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God."

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Reader The Word of the Lord People Thanks be to God

Psalm 78:23-29 Attendite, popule Standing

- 23 So he commanded the clouds above * and opened the doors of heaven.
- 24 He rained down manna upon them to eat * and gave them grain from heaven.
- 25 So mortals ate the bread of angels; * he provided for them food enough.
- 26 He caused the east wind to blow in the heavens * and led out the south wind by his might.
- 27 He rained down flesh upon them like dust * and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp * and round about their dwellings.

29 So they ate and were well filled, * for he gave them what they craved.

Reader A reading from the Letter of Paul to the Ephesians (4:1-16)

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord People Thanks be to God

Sequence Music

I Am the Bread of Life

S. Suzanne Toolan

I am the bread of life; they who come to me shall not hunger;

They who believes in me shall not thirst. No one can come to me unless the Father draw them.

And I will raise them up, and I will raise them up,

And I will raise them up on the last day.

The bread that I will give is my flesh for the life of the world.

And they who eat of this bread, They shall live forever, they shall live forever.

And I will raise them up, and I will raise them up,

And I will raise them up on the last day.

Unless you eat of the Flesh of the Son of Man

And drink of His blood.

You shall not have life within you, you shall not have life within you.

And I will raise them up, and I will raise them up.

And I will raise them up on the last day.

I am the resurrection, I am the life They who believe in me,

Even if they die, they shall live for ever. And I will raise them up, and I will raise them up.

And I will raise them up on the last day.

Yes, Lord we believe that You are the Christ.

The Son of God

Who has come into the world.

And I will raise them up, and I will raise them up.

And I will raise them up on the last day.

The Hymnal 1982 (Blue Book)

Words: 1970, 1975, Celebration. Words: Suzanne Toolan (b. 1927); adapt. of John 6
Music: I Am the Bread of Life, Suzanne Toolan (b. 1927);
Arr. Betty Pulkingham (b. 1928) CCLI License # 11108630

The Holy Gospel of our Lord Jesus Christ According to John (6:24-35) **People:** *Glory to you, Lord Christ.*

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant The Gospel of the Lord People Praise to you, Lord Christ.

The Sermon The Rev. John Adams

The Nicene Creed standing

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary.

and was made man.

For our sake he was crucified under Pontius Pilate:

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets. We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen. A Litany of Healing Standing or kneeling

Reader God the Father, your will for all people is health and salvation;

People We praise you and thank you, O Lord.

Reader God the Son, you came that we might have life, and might have it more

abundantly;

People We praise you and thank you, O Lord.

Reader God the Holy Spirit, you make our bodies the temple of your presence;

People We praise you and thank you, O Lord.

Reader Holy Trinity, one God, in you we live and move and have our being:

People We praise you and thank you, O Lord.

Reader Lord, grant your healing grace to all who are sick, injured, or disabled,

especially Sue, Julia, Betty, Nathan, Tom, Linda, Betsy, Mary Ruth, Nancy, Mark, Jane, Morgan, Jennifer, and Frank that they may be

made whole;

People Hear us, O Lord of life.

Reader Grant to all who seek your guidance, and to all who are lonely, anxious,

or despondent, a knowledge of your will and an awareness of your

presence;

People Hear us, O Lord of life.

Reader Mend broken relationships, and restore those in emotional distress to

soundness of mind and serenity of spirit;

People Hear us, O Lord of life.

Reader Bless physicians, nurses, and all others who minister to the suffering,

granting them wisdom and skill, sympathy and patience;

People Hear us, O Lord of life.

Reader Grant to the dying peace and a holy death, and uphold by the grace and

consolation of your Holy Spirit those who are bereaved;

People Hear us, O Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives, in

our nation, and in the world;

People Hear us, O Lord of life.

Reader You are the Lord who does wonders:

People You have declared your power among the peoples.

Reader With you, O Lord, is the well of life: People And in your light we see light.

Reader Hear us. O Lord of life:

People Heal us, and make us whole.

All may offer their prayers at this time, aloud or in the silence of their hearts, after which the Celebrant offers a concluding collect.

Celebrant Let us confess our need for God's healing grace.

Celebrant and people

Compassionate God, we confess our weaknesses in body, mind, and spirit, and our need for your strengthening touch. We confess that some of what ails us stems from our own fault, while some is beyond our control. We turn to you, source of life, and ask in the name of our Savior Jesus Christ for the gifts of true healing and life in you. Amen.

Celebrant May the God of love visit you in your times of trial and weakness, and raise you to newness of life, through Jesus Christ, in the power of the Holy Spirit. Amen.

Those desiring laying on of hands and anointing with oil for healing of themselves or others may come to the altar rail at this time, or those who cannot or prefer not to come forward may inform an usher, who will tell the Celebrant to come to you. Please whisper to the Celebrant your name or the name of the person for whom you are praying so he may pray for the appropriate people.

The Peace Standing

Celebrant The peace of the Lord be always with you.

People And also with you.

The Peace may be exchanged through handshakes, hugs, fist bumps, waves, nods, or other such expressions; please be attentive to how much or little physical contact your neighbors would prefer. Once the Peace has been sufficiently exchanged, the people may sit for announcements.

Offertory Music

In His Arms I'm Not Afraid

Recorded by The Isaacs Written by Homer Eanes

1 Not afraid to bid this world goodbye Not afraid to close my eyes and die For His courage I have prayed In His arms I'm not afraid.

2 When I close my eyes in death Fold my hands upon my chest Sing for me a pretty song While I take my journey home Repeat #1

When I cross that silent sea And the home lights beckon me I'll feel no pain and I'll fear no harm I'll be safe and secure in Jesus' arms

Repeat #1

The Doxology:

v. 3, Hymn 380

All: Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

The Holy Communion, Eucharistic Prayer A

Standing

BCP 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. People It is right to give him thanks and praise.

Celebrant BCP 361-362

It is right... proclaim the glory of your Name:

Sanctus Holy, Holy, Holy Lord Land of Rest

Holy holy, holy Lord,

Blessed is he who comes in the name,

God of power and might, Comes in the name of the Lord,

Heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest.

Words: Brian A. Wren (b. 1936), alt. CCLI License # 11108630

Music: Land of Rest, American folk melody; adapt. And harm. Annabel Morris Buchanan (1889-1983) Words: Copyright ©1971 by Hope Publishing Company. All Rights Reserved. Used by Permission.

Celebrant Kneeling or standing BCP 362-363

Holy and gracious Father: ... do this in remembrance of me. Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

Celebrant Kneeling or standing BCP 363

We celebrate the memorial of our redemption...Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer (People and Celebrant)

Our Father who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses

as we forgive those
who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom, and the
power, and the glory
for ever and ever. Amen.

Breaking of Bread

Fraction Anthem Christ Our Passover BCP 364

Celebrant Alleluia, alleluia. Christ our Passover is sacrificed for us; People therefore let us keep the feast. Alleluia, alleluia. alleluia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized Christians are invited to receive at the altar rail, kneeling or standing. Glutenfree wafers are available by request. If you do not wish to receive communion, you may come forward and place your arms across your chest to receive a blessing. After receiving the bread, you may choose to consume the bread and take a sip of wine from the chalice or hold onto the bread and intinct (dip) it into the wine, in which case please hold the wafer in front of you so the chalicer will know to bring you the intinction cup. You may also decline to receive the wine (as the bread in itself is full communion), in which case if you remain at the altar rail please place your arms across your chest to signal the chalicer. Those who cannot or prefer not to come forward may inform an usher, and the Celebrant will come to you.

Communion Music

Wade in the Water

Wade in the water
Wade in the water children
Wade in the water

God's agonna trouble the water

Wade oh wade in the water Wade oh wade in the water children

Wade o wade in the water God's agonna trouble the water Wade oh wade in the water

Wade oh wade in the water children

It looks like the children of the Israelites

Wade o wade in the water

God's agonna trouble the water

God's agonna trouble the water

God's agonna trouble the water

See that host all dressed in white

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Once all have received, the celebrant says Let us pray.

Celebrant and people, standing or kneeling

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The celebrant blesses the people.

Recessional Music 10,000 Reasons (Bless The Lord) Jonas Myrin and Matt Redman

Bless the Lord, O my soul

O my soul;

Worship His Holy name. Sing like never before

O my soul

I'll worship Your Holy name.

The sun comes up, it's a new day

dawning,

It's time to sing Your song again.

Whatever may pass, and whatever lies

before me,

Let me be singing when the evening

comes.

Bless the Lord, oh my soul

O my soul:

Worship His Holy name. Sing like never before

O my soul

I'll worship Your Holy name.

You're rich in love and You're slow to

anger.

Your name is great and Your heart is kind.

For all Your goodness, I will keep on

singing;

Ten thousand reasons for my heart to

find.

Bless the Lord, oh my soul,

O my soul;

Worship His Holy name.

Sing like never before,

O my soul;

I'll worship Your Holy name.

And on that day, when my strength is

failing,

The end draws near, and my time has

come;

Still my soul will sing Your praise

unending

Ten thousand years, and then

forevermore.

Bless the Lord, o my soul,

O my soul;

Worship His Holy name. Sing like never before,

O my soul;

I'll worship Your Holy name.

Bless the Lord, oh my soul,

O my soul;

Worship His Holy name. Sing like never before,

O my soul;

I'll worship Your Holy name.

Worship Your Holy name,

Lord I'll worship Your Holy name.

CCLI Song # 6016351

Celebrant Go in peace to love and serve the Lord.

People Thanks be to God.

We give thanks for the beauty of the Altar flowers Given to the Glory of God and in Loving Memory of Priscilla Grogan Festerman

We give thanks for the beauty of the Narthex flowers Given to the Glory of God and in Loving Memory of Jeffrey Alan Werner

Pray today for the Retired Clergy of The Diocese of Southwestern Virginia and their Chaplains, The Rev. Dr. Bob Copenhaver and The Rev. Dr. James Hubbard. For Grace and Peace in the Diocese of Haiti. Our companion diocese, the Diocese of Leeds, and their Bishop, The Rt. Rev. Nick Baines.

Discretionary Fund – Today is the 1st Sunday of the month and the loose offering is designated for the Rector's Discretionary Fund. All checks should include the notation, "For RDF".

Sunday Bible Study

Our Sunday morning Bible study meets at 9:30 in the Parish House on August 4; this week we will continue the story of David's rise to the throne after the death of Saul (2 Samuel 2). All are welcome and encouraged to attend as your presence allows; no preparation ahead of time is necessary.

Summer Sundays

Continuing a summer tradition, we will have fellowship time with lemonade and cookies on the patio (or in the undercroft if it's raining) after the 10:30 service **through August 25**; if you are willing to help bring beverages and treats or set up and clean up, please sign up at https://christchurchmvl.org/volunteering.cfm?ID=318.

Volunteers are needed as follows. Aug. 11 (1) Aug. 18 (1) Aug. 25 (2)

Sunday Volunteers

Many folks are involved in making our Sunday morning services happen, and we would gratefully incorporate folks who aren't currently involved but want to be or who want to be involved more. The Choir and Altar Guild would always appreciate more voices and hands, and we could use more Ushers, Chalicers, and Readers to reduce the number of times we have to schedule those who are currently helping with our Sunday worship. If you are interested in serving in any of those capacities, please talk with Fr. John or someone who is currently involved in those ministries. Of particular interest as the number of available teenagers continues to dwindle are Acolytes; adults who are able and willing to bear the cross in procession, handle plates during the offertory, and otherwise help Fr. John during the service are encouraged to contact him.

Wednesday Eucharist

On Wednesdays, we celebrate Holy Eucharist at Noon in the Chapel (enter via the glass Undercroft door at the back of the church building). These brief (thirty minutes) spoken services commemorate the saint of the day from the Episcopal calendar of Lesser Feasts and Fasts and are perfect for those who want to attend a service but are unable to come on Sunday mornings or who want an additional gathering for corporate prayer to help them through the week. Barring any unexpected developments, we will worship every Wednesday.

History of the Early Church

On Wednesday, August 14 at 10:30 am in the Undercroft (attendees are welcome and encouraged to stick around for Eucharist in the Chapel at Noon), our topic will be Roman Holiday, reflecting on the Roman religious landscape and how emerging Christianity appeared to imperial authorities. There's no assigned 'homework,' but if you're interested in reflecting ahead of time, you might look at Acts 17:16-34 (considering how Paul preaches on the rare occasion where his audience is entirely Gentile with no knowledge of Judaism), as well as excerpts about the Great Fire in Rome from Tacitus (*Annals* XV:38-39, 42, 44) and Eusebius (*History of the Church* 2.XXV:1-5), both available from Fr. John.

Public Theology

Public Theology meets on Wednesday, August 14, at Mountain Valley Brewing (4220 Mountain Valley Rd, Axton). We begin with socializing and food around 6:00, with the discussion going from 7:00 to 8:00.

Giving to the Church - by Mail

You can mail a check or money order to the Church office at:

Christ Episcopal Church

311 East Church Street

Martinsville, Virginia 24112

Give with PayPal, Debit, or Credit Card

You may give online, safely and securely, through your PayPal account or with any major credit card.

<u>Christ Episcopal Church - Martinsville, Virginia (christchurchmvl.org)</u> on our homepage

https://www.paypal.com/donate?hosted_button_id=Z52WJPBKZN96L on PayPal

The Dan Prince and Gene Medley Oyster Roast 2024

Mark your calendar for the **November 1**st Christ Church Oyster Roast. The night begins at 6:00 p.m. with freshly steamed oysters directly from the eastern shore of VA! The fun continues with a delicious buffet dinner of BBQ, Brunswick Stew, and all the fixings! The

entire night is complimented by an open bar and fabulous live music! Don't forget about the Silent Auction, Bake Sale, and 50/50 Raffle. This is one you do not want to miss! \$50.00 per person. Call the Church Office to make a reservation or sign up on the CEC website. Contact Person: Pat Russell - 864-430-4527; patbrussell@yahoo.com

Ways to Volunteer - Oyster Roast 2024

There are many ways to assist in making the CEC Oyster Roast a success.

- Prepare Food for Meal
 Buy Raffle Tickets
- Work a shift the night of the event
- Send items for Bake Sale
- Monetary Donations
- Set Up/ Clean Up

Volunteer Sign-Up sheets will be posted on the church website by mid-August.

Raffle Tickets

Tickets for the 50/50 raffle will go on sale in mid-August from Vestry members (Ben Beeler, Betty Budde, Bob Bushnell, Natalie Coleman, Jay Dickens, Beverly Lyle, LaRue Powers, Pat Russell, Bob Weatherall, Andy Williams, and Will Zimmer) and the church office. The cost is \$10.00 per ticket or \$100.00 per book, with the maximum winnings of \$2,500.

Grace Network - Our Grace Network Assignments for August - September: Mac n Cheese. For August: bath soap, toilet paper, toothpaste, toothbrush (individually wrapped), and hygiene items. As a Church family, we have committed to helping Grace Network with stocking their food pantry for those in need. Please remember to pick up our assigned item the next time you visit the grocery store. You can bring your items to the Church office OR put them in the little red wagon in the Narthex.

THANK YOU TO THOSE WHO SERVE!

Celebrant: The Rev. John Adams

Reader: Ann Gardner

Chalicers: Dawn Stone, Tom Webster

Acoustic Music: Will Zimmer

Ushers: Bob Weatherall, Ben Lewis, Andy Quirk

Acolyte: Pete Scouras

Camera Operator: Andy Williams

Counters: Pat Russell

Altar Guild: Team Three - Page Beeler, Karen Jones, Nancy Spilman,

Ellen Maxwell, Ben Beeler

Nursery Attendants: Emily Williams Lemonade: LaRue Powers, Dawn Stone

2024 Christ Church Vestry

Year 3: Ben Beeler; Jay Dickens, Senior Warden; Beverly Lyle, Treasurer; Andy Williams, Junior Warden

Year 2: Betty Budde; Natalie Coleman, Secretary; Pat Russell; Will Zimmer Year 1: Bob Bushnell, Rives Coleman, LaRue Powers, Bob Weatherall