

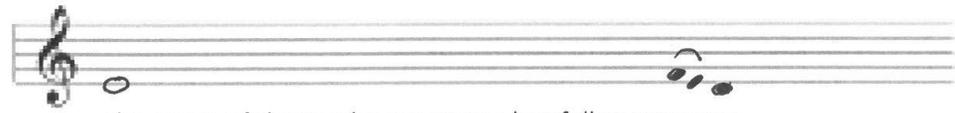
# TENEBRAE

Wednesday, April 1, 2026

## Antiphon 1

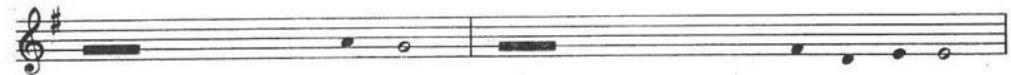


Zeal for your house has eaten me up;



the scorn of those who scorn you has fallen upon me.

## Psalm 69



- 1 Save me,/O God, \*  
for the waters have risen up/ to my neck.
- 2 I am sinking in/ deep mire, \*  
and there is no firm ground/ for my feet.
- 3 I have come into deep/ waters, \*  
and the torrent washes/ over me.
- 4 I have grown weary with my crying;  
my throat is/ inflamed; \*  
my eyes have failed from looking/ for my God.
- 5 Those who hate me without a cause are more than the hairs of my head;  
my lying foes who would destroy me are/ mighty. \*  
Must I then give back what I/ never stole?
- 6 O God, you know my/ foolishness, \*  
and my faults are not/ hidden from you.
- 7 Let not those who hope in you be put to shame through me,  
Lord God/ of hosts; \*  
let not those who seek you be disgraced because of me,  
O God of/ Israel.
- 8 Surely, for your sake have I suffered/ reproach, \*  
and shame has co/vered my face.
- 9 I have become a stranger to my own/ kindred, \*  
an alien to my/ mother's children.
- 10 Zeal for your house has eaten/ me up; \*  
the scorn of those who scorn you has fal/len upon me.
- 11 I humbled myself with/ fasting, \*  
but that was turned to/ my reproach.

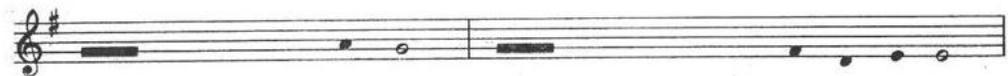
- 12 I put on sack-cloth/ also, \*  
and became a byword/ among them.
- 13 Those who sit at the gate murmur a/gainst me, \*  
and the drunkards make songs/ about me.
- 14 But as for me, this is my prayer/ to you, \*  
at the time you have/ set, O Lord:
- 15 "In your great mercy,/ O God, \*  
answer me with your un/failing help.
- 16 Save me from the mire; do not let/ me sink; \*  
let me be rescued from those who hate me  
and out of the/ deep waters.
- 17 Let not the torrent of waters wash over me,  
neither let the deep swallow/ me up; \*  
do not let the Pit shut its mouth/ upon me.
- 18 Answer me, O Lord, for your love/ is kind; \*  
in your great compassion,/ turn to me."
- 19 "Hide not your face from your/ servant; \*  
be swift and answer me, for I am/ in distress.
- 20 Draw near to me and re/deem me; \*  
because of my enemies de/liver me.
- 21 You know my reproach, my shame, and my dis/honor; \*  
my adversaries are all/ in your sight."
- 22 Reproach has broken my heart, and it cannot/ be healed; \*  
I looked for sympathy, but there was none,  
for comforters, but I could/ find no one.
- 23 They gave me gall/ to eat, \*  
and when I was thirsty, they gave me/ vinegar to drink.

Antiphon 2



Let them draw back and be disgraced who take pleasure in my misfortune.

Psalm 70



- 1 Be pleased, O God, to deli/ver me.\*  
O LORD, make/ haste to help me!
- 2 Let those who seek my life be ashamed  
and altogether/ dismayed;\*  
let those who take pleasure in my misfortune  
draw back and/ be disgraced.



- 12 You divided the sea by/ your might \*  
and shattered the heads of the dragons u/pon the waters;
- 13 You crushed the heads of Le/viathan \*  
and gave him to the people of the/ desert for food.
- 14 You split open spring and/ torrent; \*  
you dried up ever/-flowing rivers.
- 15 Yours is the day, yours also/ the night; \*  
you established the/ moon and the sun.
- 16 You fixed all the boundaries of/ the earth; \*  
you made both summer/ and winter.
- 17 Remember, O Lord, how the ene/my scoffed, \*  
how a foolish people de/spised your Name.
- 18 Do not hand over the life of your dove to/ wild beasts; \*  
never forget the/ lives of your poor.
- 19 Look upon your co/venant; \*  
the dark places of the earth are/ haunts of violence.
- 20 Let not the oppressed turn away/ ashamed; \*  
let the poor and needy/ praise your Name.
- 21 Arise, O God, maintain/ your cause; \*  
remember how fools revile you/ all day long.
- 22 Forget not the clamor of your adver/saries, \*  
the unending tumult of those who rise/ up against you.

## Lesson 1

A Reading from the Lamentations of Jeremiah the Prophet.

*Aleph.* How solitary lies the city, once so full of people! How like a widow has she become, she that was great among the nations! She that was queen among the cities has now become a vassal.

*Beth.* She weeps bitterly in the night, tears run down her cheeks; among all her lovers she has none to comfort her; all become her enemies.

*Gimel.* Judah has gone into the misery of exile and of hard servitude; she dwells now among the nations, but finds no resting place; all her pursuers overtook her in the midst of her anguish.

*Daleth.* The roads to Zion mourn, because none come to the solemn feasts; all her gates are desolate, her priests groan and sigh; her virgins are afflicted, and she is in bitterness.

*He.* Her adversaries have become her masters, her enemies prosper; because the Lord has punished her for the multitude of her rebellions; her children are gone, driven away as captives by the enemy.

Jerusalem, Jerusalem, return to the Lord your God!

### Responsory 1 *In Monte Oliveti*

V. On the Mount of Olives Jesus prayed to the Father:

R. *Father, if it be possible, let this cup pass from me. The spirit indeed is willing, but the flesh is weak.*

V. Watch and pray, that you may not enter into temptation.

R. *The spirit indeed is willing, but the flesh is weak.*

### Lesson 2

*Waw.* And from Daughter Zion all her majesty has departed; her princes have become like stags that can find no pasture, and that run without strength before the hunter.

*Zayin.* Jerusalem remembers in the days of her affliction and bitterness all the precious things that were hers from the days of old; when her people fell into the hand of the foe, and there was none to help her; the adversary saw her, and mocked at her downfall.

*Heth.* Jerusalem has sinned greatly, therefore she has become a thing unclean; all who honored her despise her, for they have seen her nakedness; and now she sighs, and turns her face away.

*Teth.* Uncleanness clung to her skirts, she took no thought of her doom; therefore her fall is terrible, she has no comforter. "O Lord, behold my affliction, for the enemy has triumphed."

Jerusalem, Jerusalem, return to the Lord your God!

### Responsory 2 *Tristis est anima mea*

V. My soul is very sorrowful, even to the point of death;

R. *remain here, and watch with me.  
Now you shall see the crowd who will surround me; you will flee, and I will go to be offered up for you.*

V. Behold, the hour is at hand, and the Son of Man is betrayed into the hands of sinners.

R. *You will flee, and I will go to be offered up for you.*

### Lesson 3

*Yodh.* The adversary has stretched out his hand to seize all her precious things; she has seen the Gentiles invade her sanctuary, those whom you had forbidden to enter your congregation.

*Kaph.* All her people groan as they search for bread; they sell their own children for food to revive their strength. "Behold, O Lord, and consider, for I am now beneath contempt!"

*Lamedh.* Is it nothing to you, all you who pass by? Behold and see if there is any sorrow like my sorrow, which was brought upon me, which the Lord inflicted, on the day of his burning anger.

*Mem.* From on high he sent fire, into my bones it descended; he spread a net for my feet, and turned me back; he has left me desolate and faint all the day long.

*Nun.* My transgressions were bound into a yoke; by his hand they were fastened together; their yoke is upon my neck; he has caused my strength to fail. The Lord has delivered me into their hands, against whom I am not able to stand up.

Jerusalem, Jerusalem, return to the Lord your God!

### Responsory 3 *Ecce vidimus eum*

V. Lo, we have seen him without beauty or majesty,

R. *with no looks to attract our eyes.  
He bore our sins and grieved for us,  
he was wounded for our transgressions,  
and by his scourging we are healed.*

V. Surely he has borne our griefs and carried our sorrows:

R. *And by his scourging we are healed.*

The Nave is darkened. All listen to the last sayings of Jesus during the hours he was on the Cross.

### Lesson 4

A Reading from the Gospel of Luke. [23:32-35]

*Jesus prays for those who mock him.*

Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said, 'Father, forgive them; for they do not know what they are doing.']] And they cast lots to divide his clothing. And the people stood by, watching; but the leaders scoffed at him, saying, 'He saved others; let him save himself if he is the Messiah of God, his chosen one!'

### Lesson 5

A Reading from the Gospel of Luke. [23:39-43]

*Jesus speaks to the other criminals on crosses.*

One of the criminals who were hanged there kept deriding him and saying, 'Are you not the Messiah? Save yourself and us!' But the other rebuked him, saying, 'Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.' Then he said, 'Jesus, remember me when you come into your kingdom.' He replied, 'Truly I tell you, today you will be with me in Paradise.'

## Lesson 6

Readings from the Gospel of Mark [15:40-41] and the Gospel of John.[19:26-27]

*Jesus speaks to the women, including his mother, who supported him.*

There were also women looking on from a distance; among them were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. These used to follow him and provided for him when he was in Galilee; and there were many other women who had come up with him to Jerusalem.

When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

## Lesson 7

A Reading from the Gospel of Mark. [15:29-34]

*Jesus cries out to God.*

Those who passed by derided him, shaking their heads and saying, 'Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!' In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, 'He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe.' Those who were crucified with him also taunted him.

When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out with a loud voice, 'Eloi, Eloi, lema sabachthani?' which means, 'My God, my God, why have you forsaken me?'

## Lesson 8

A Reading from the Gospel of John. [19:28-29]

*Jesus fulfills Scripture.*

After this, when Jesus knew that all was now finished, he said (in order to fulfil the scripture), 'I am thirsty.' A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth.

## Lesson 9

A Reading from the Gospel of John. [19:30]

*Jesus says "It is finished."*

When Jesus had received the wine, he said, 'It is finished.' Then he bowed his head and gave up his spirit.

## Lesson 10

A Reading from the Gospel of Luke. [23:46-48]

*Jesus commends his spirit to God.*

Then Jesus, crying with a loud voice, said, 'Father, into your hands I commend my spirit.' Having said this, he breathed his last. When the centurion saw what had taken place, he praised God and said, 'Certainly this man was innocent.' And when all the crowds who had gathered there for this spectacle saw what had taken place, they returned home, beating their breasts.

*All stand. During the singing of the following Canticle, the candles at the Altar, and all other lights in the church (except the one remaining at the top of the triangular candlestick), are extinguished.*

Antiphon 4



Now the women sitting at the tomb made lamentation, weeping for the Lord.

Canticle 16, The Song of Zechariah (omit Antiphon)

Hymnal S 248

After the Canticle, during the repetition of the Antiphon, the remaining candle is taken from the stand and hidden beneath or behind the Altar, or in some other convenient place.

*All kneel and say the following anthem*

*Christus factus est*

Christ for us became obedient unto death, even death on a cross; therefore God has highly exalted him and bestowed on him the Name which is above every name.

*A brief silence is observed.*

Psalm 51 (please sit in silence for the Psalm)

At the Imposition of Ashes (1488)

PSALM 51: 1-18 (Tone 4E)



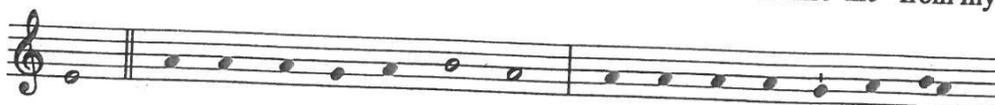
1. Have mer- cy up- on me O God, ac- cord- ing to your lov- ing-



kind- ness: \* in your great com- pas- sion blot out my of- fens- es.



2. Wash me through and through from my wick- ed- ness: \* and cleanse me from my



sin. 3. For I know my trans- gress- sions \* and my sin is ev- er be-



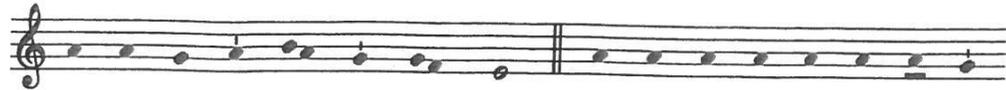
fore me. 4. A- gainst you on- ly have I sinned: \* and done what is e-



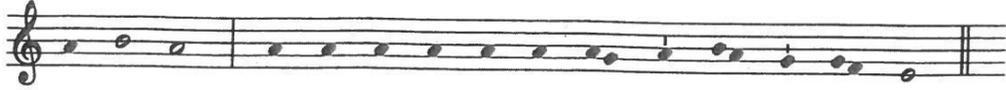
vil in your sight. 5. And so you are jus- ti- fied when you speak: and



up- right in your judg- ment. 6. In- deed I have been wick- ed from my birth:



\* a sin- ner from my mo- ther's womb. 7. For be- hold you look for truth deep



with- in me: \* and will make me un- der- stand wis- dom se- cret- ly.



8. Purge me from my sin and I shall be pure: \* Wash me and I shall be



clean in- deed. 9. Make me hear of joy and glad-ness: \* that the bod- y



you have brok- en may re- joice. 10. Hide your face from my sins: \* and blot



out all my in- i- qui- ties. 11. Cre- ate in me a clean heart, O



God: and re- new a right spir- it with- in me. 12 Cast me not a-



way from your pres-ence, \* and take not your Ho- ly Spir- it from me.

13. Give me the joy of your sav-ing help a- gain, \* and sus- tain me with  
 your boun-ti- ful Spir- it. 14. I shall teach your ways to the wick-ed: \*  
 and sin- ners shall re- turn to you. 15. De- liv- er me from death, O  
 God: \* and my tongue shall sing of your righ-teous-ness, O God of my sal- va-  
 tion. 16. O- pen my lips, O Lord: \* and my mouth shall pro- claim your  
 19. Be favorable and gracious to Zion and  
 praise. 17. Had you de-sired it I would have of- fered sac- ri- fice: \* but  
 rebuild the walls of Je ru sa lem. 20. Then you will be pleased with  
 you take no de- light in burnt of- frings. 18. The sac- ri- fice of God is  
 rings and obla- tions  
 a trou- bled spir- it: \* a brok- en and con- trite heart, O God, you will  
 not de- spise. *Then shall they offer young bullocks upon your altar*  
*The choir repeats the antiphon.*

*the appointed sacrifices, with burnt offerings*

*Officiant*

Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross.

*You are invited to stay as long as you wish in silent contemplation and then leave in reverent silence.*

## About Tenebrae

The name *Tenebrae* (the Latin word for “darkness” or “shadows”) has for centuries been applied to the ancient monastic night and early morning services (Matins and Lauds) of the last three days of Holy Week, which in medieval times came to be celebrated on the preceding evenings.

Apart from the chant of the Lamentations (in which each verse is introduced by a letter of the Hebrew alphabet), the most conspicuous feature of the service is the gradual extinguishing of candles and other lights in the church until only a single candle, considered a symbol of our Lord, remains. Toward the end of the service this candle is hidden, typifying the apparent victory of the forces of evil. At the very end, a loud noise is made, symbolizing the earthquake at the time of the resurrection (Matthew 28:2), the hidden candle is restored to its place, and by its light all depart in silence.

### THANK YOU TO THOSE WHO SERVE!

**Celebrant:** The Rev. John Adams

**Readers:** Bob Bushnell and Susan Critz

**Acolyte:**

**Organist/Choirmaster:** Lynn Gardner

**Cantor:** Raul West

**Christ Church Choir:** St. Christopher’s Choir

**Counters:** Michael Hodges, LaRue Powers

**Altar Guild Team #3** – Page Beeler, Karen Jones, Nancy Spilman,  
Ellen Maxwell, Ben Beeler

### 2026 Christ Church Vestry

**Year 3:** Bob Bushnell, Rives Coleman; Senior Warden, LaRue Powers,  
Bob Weatherall, Junior Warden

**Year 2:** Susan Critz, Butch Hamlet; Treasurer, Michael Hodges; Secretary,  
Steve Keyser

**Year 1:** Kelly Cain, Jay Dickens, Linda O’Dell, Ron Probst